

## OCCUPATIONAL SKILLS PROGRAMME CURRICULUM DOCUMENT

IN LINE WITH THE QQSF POLICY (2021) OCCUPATIONAL QUALIFICATION TYPE (NOMENCLATURE)

QUALIFICATION/PART-QUALIFICATION/SKILLS PROGRAMME	TYPE (NOMENCLATURE)	TITLE (DESCRIPTOR)	NQF LEVEL	CREDITS
Skills Programme	Statutory Skills Programme.	Intermediate Emergency First Aid Responder	3	5
<b>CURRICULUM CODE</b>	900233-000-00-00			
PARTNER DETAILS	ORGANISATION NAME	WEBSITE ADDRESS	TELEPHONE NUMBER	LOGO
QUALITY PARTNER - DEVELOPMENT	HWSETA	<a href="https://www.hwseta.org.z">https://www.hwseta.org.z</a>	+27 (011) 607 6900	
QUALITY PARTNER - ASSESSMENT <small>(NOT APPLICABLE FOR SKILLS PROGRAMME)</small>	N/A	N/A	N/A	N/A

DESIGNATION	NAME AND SURNAME	SIGNATURE	DATE
SUBJECT MATTER EXPERT (SME)	Ben van As		...
QUALITY PARTNER REPRESENTATIVE	...		...

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## SECTION 1: CURRICULUM SUMMARY

### 1.1 Occupational Information:

#### 1.1.1 Associated, Organising Framework for Occupations (OFO) Occupational Code and Title

532901 – First Aid Attendant

#### 1.1.2 Occupation/Specialisation/Part-Qualification/Skills Programme Type, Title, NQF Level, Credits and Curriculum Code, addressed by this Curriculum.

TYPE	TITLE	NQF LEVEL	CREDITS	CURRICULUM CODE
Skills Programme	Intermediate Emergency First Aid Responder	3	5	900233-000-00-00

#### 1.1.3 Alternative titles used by industry:

First Aider

### 1.2 Curriculum Information:

#### 1.2.1 Articulation for Qualifications and Part- Qualifications

(a) Horizontal Articulation:

N/A...

(b) Vertical/

N/A...

(c) Diagonal Articulation:

N/A...

(d) Validation of Entry Requirements into articulation possibilities provided:

N/A...

#### 1.2.2 Articulation for Skills programmes

(a) Work Opportunities:

A person with an Intermediate level first aid certificate can have various occupational opportunities in different industries. Some potential job roles include:

Intermediate Level First Aid Skills Programme Curriculum

- **Health and Safety Officer:** Health and safety officers are responsible for ensuring that workplaces comply with health and safety regulations. They may also provide first aid training and services to employees.
- **Security Officer:** Security officers are responsible for maintaining safety and security in a variety of settings. They may be required to provide first aid services in emergency situations.
- **Lifeguard:** Lifeguards are responsible for ensuring the safety of swimmers and other individuals in aquatic environments. They may also provide first aid services in emergency situations.
- **Firefighter:** Firefighters respond to emergency situations, including fires, accidents, and other disasters. They are trained to provide first aid and emergency medical services.
- **Sports Coach:** Sports coaches are responsible for the physical training and development of athletes. They may also be required to provide first aid services in case of injuries.
- Overall, a person with an Intermediate level first aid certificate has a wide range of occupational opportunities in various industries. They can work in both the private and public sectors, and their skills and knowledge are highly valued in emergency response and safety-related fields.

**(b) Learning Opportunities:**

There are several further learning opportunities that exist for a person with a valid intermediate level first aid certificate, depending on their interests and career goals. Here are some options to consider:

- **Advanced First Aid Training:** A person with an intermediate level first aid certificate can pursue advanced first aid training to expand their knowledge and skills. This may include training in specialised areas such as wilderness first aid, advanced life support, or paediatric first aid.

**1.3 Curriculum Structure:**

**1.3.1 Knowledge/Theory Modules:**

900233-000-00-KM-01 Concepts and Principles of Intermediate Emergency First Aid, NQF Level 3, Credits 2.

Total Number of credits for knowledge modules: 2

**1.3.2 Practical Skills Modules:**

900233-000-00-PM-01 Applying Intermediate Emergency First Aid Techniques, NQF Level 3, Credits 3.

Total Number of credits for practical skills modules: 3

Intermediate Level First Aid Skills Programme Curriculum

### **1.3.3 Work Experience Modules:**

- None

Total number of credits: 0

Total number of credits for the skills programme: 5

### **1.4 Entry Requirements:**

Skills Certificate: Basic Emergency First Aid, NQF Level 2.

### **1.5 Recognition of Prior Learning (RPL):**

#### **1.5.1 RPL for Access:**

*NB: QCTO Standard Statement Provided*

Learners may use the RPL process to gain access to training opportunities for a programme of learning, qualification, part-qualification, or skills programme if they do not meet the formal, minimum entry requirements for admission. RPL assessment provides an alternative access route into a programme of learning, qualification, part-qualification, or skills programme.

Such an RPL assessment may be developed, moderated, and conducted by the accredited Skills Development Provider which offers that specific qualification/part qualification/skills programme. Such an assessment must ensure that the learner is able to display the equivalent level of competencies required for access, based on the NQF level descriptors.

#### **1.5.2 RPL for Exemption:**

*NB: QCTO Standard Statement Provided*

For exemption from modules through RPL, learners who have gained the stipulated competencies of the modules of a programme of learning, qualification, part-qualification, or skills programme through any means of formal, informal, or non-formal learning and/or work experience, may be awarded credits towards relevant modules, and gaps identified for training, which is then concluded.

#### **1.5.3 RPL for awarding credits:**

*NB: QCTO Standard Statement Provided*

Learners who have gained the stipulated competencies of the modules of a programme of learning, qualification, part-qualification, or skills programme through any means of formal, informal, or non-formal learning and/or work experience, may be awarded credits towards relevant modules, and gaps identified for training, which is then concluded.

A valid Statement of Results is required for admission to the EISA in which confirmation of achievement is provided that all internal assessment criteria for all modules in the related curriculum document have been achieved.

Intermediate Level First Aid Skills Programme Curriculum

For a Skills Programme, the accredited Skills Development Provider (SDP) must ensure all modular competency requirements are met prior to the FISA and keep record of such evidence.

Upon successful completion of the EISA/FISA, RPL learners will be issued with the QCTO certificate for the qualification, part-qualification, or skills programme. Quality Partners are responsible for ensuring the RPL mechanism and process for qualifications and part-qualification is approved by the QCTO.

### 1.6 Quality Partner for Assessment:

<b>NAME OF BODY:</b>	N/A
<b>ADDRESS OF BODY:</b>	N/A
<b>WEBSITE:</b>	N/A
<b>TELEPHONE NUMBER:</b>	N/A

### 1.7 List of Qualification(s)/Part- Qualification(s)/Skills Programme(s) Related to this Curriculum

Skills Programme: Basic Emergency First Aid Responder, NQF Level 2, Credits 2.

Skills Programme: Advanced Emergency First Aid Responder, NQF Level 4, Credits 6.

## SECTION 2: OCCUPATIONAL/SPECIALISATION/PART-QUALIFICATION/SKILLS PROGRAMME PROFILE

### 2.1 Purpose:

The purpose of the skills programme is to build the capacity of a person to act as an Intermediate Emergency First Aid Responder.

Intermediate Emergency First Aid Responders:

- Treat and support life on severe injuries and medical conditions in the event of an emergency.
- Stabilise the person's condition and prevent further harm until more advanced medical treatment can be provided.
- Manage the incident scene, coordinating with other responders and emergency services, and providing support to the casualties and their families.

### 2.2 Tasks:

TASK	LINKS TO ELO
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<p><b>TASK 01</b></p> <p>Ensure the safety, of self, affected persons and bystanders at an incident scene and initiate immediate action to prevent loss of life.</p>	<p><b>ELO 01</b></p> <p>Apply principles of intermediate emergency first aid on an accident scene.</p>
<p><b>TASK 02</b></p> <p>Conduct professional secondary assessments of the affected persons, in an emergency situation, and apply appropriate first aid care.</p>	<p><b>ELO 02</b></p> <p>Apply secondary and ongoing patient assessments and deal with conditions requiring further first aid care.</p>
<p><b>TASK 03</b></p> <p>Apply intermediate emergency first aid care to manage identified injuries and health conditions and prevent loss of life.</p>	<p><b>ELO 03</b></p> <p>Use a variety of common instruments and processes to apply intermediate emergency first aid within the scope of practice.</p>

## 2.3 Occupational Task Details:

### 2.3.1 Task 1

Ensure the safety, of self, affected persons and bystanders at an incident scene and initiate immediate action to prevent loss of life.

(a) Unique Product or Service:

- Incident scene safe to provide first aid.
- Patient assessments completed.
- Emergency care provided.

(b) Responsibilities:

- Incident scene assessment is conducted, and actions initiated to ensure the safety of self, affected persons and bystanders.
- Professional primary assessments of the affected persons are done, and life-threatening conditions are identified.
- Intermediate emergency first aid techniques are applied to immediately stabilise injured and ill casualties by opening airways, facilitating breathing, stopping bleeding, and managing shock.

- Intermediate emergency first aid care is provided to manage cardiac arrest or heart attack and apply emergency first aid to preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to manage stroke and apply emergency first aid to preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to manage Anaphylaxis and apply emergency first aid to preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to Diabetic emergency and apply emergency first aid to preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to deal with seizures and apply emergency first aid to preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to deal with water emergencies and preserve life in cases of near drowning.

(c) Contexts:

- Basic organisational processes for doing hazard identification during an emergency at different incident scenes at work, in the community and at home.
- Basic organisational processes for ensuring the safety of persons during different kinds of emergencies.
- Organisational processes for applying lifesaving first aid care.

### 2.3.2. Task 2

Conduct professional secondary assessments of the affected persons, in an emergency situation, to identify injury and health conditions that requires further first aid care.

(a) Unique Product or Service:

- Secondary patient assessments completed.
- Intermediate care provided.
- Patients handed over.
- Post treatment actions completed.

(b) Responsibilities:

- Visual and physical assessments of injured and ill persons are conducted in an ethical and systematic manner following prescribed protocols and procedures.
- Injuries and signs of common illnesses are identified, recorded and decisions are made regarding the appropriate immediate treatment of the identified conditions.



- Suspected life-threatening conditions are immediately reported to the next level of medical care and instructions for further action recorded and executed.
- Ongoing appropriate communication with the affected person is maintained and additional information recorded.

(c) Contexts within which the task is executed:

Organisational Processes for care of injured and ill people.

### 2.3.3. Task 3

Provide intermediate emergency first aid care to manage identified injuries and health conditions and prevent loss of life.

(a) Unique Product or Service:

Use a variety of common instruments and processes to apply intermediate level first aid to provide care, relieve pain and facilitate healing in relation to the identified patient conditions in an emergency situation.

(b) Responsibilities:

- Intermediate emergency first aid care is taken to maintain and protect persons suffering from head and spinal injuries.
- Intermediate emergency first aid care is provided to manage chest injuries.
- Intermediate emergency first aid care is provided to manage abdominal injuries.
- Intermediate emergency first aid care is provided to manage pelvic injuries.
- Intermediate emergency first aid care is provided to manage extremity trauma by treating and immobilising fractures.
- Intermediate emergency first aid care is provided to manage burns and preserve life and prevent further harm until a next level of medical help arrives.
- Intermediate emergency first aid care is provided to Thermal stress: Range: Hyper and hypo thermia
- Intermediate emergency first aid care is provided to deal with inhaled, injected, ingested, and absorbed poisoning.
- Intermediate emergency first aid care is provided to treat animal and insect bites and stings.
- Intermediate emergency first aid care is provided to limit the risks of exposure when encountering a communicable disease and the condition is immediately reported.
- Execute proper and legal handover of affected persons after providing first aid treatment and ensure appropriate post incident cleanup where required.

(c) Occupational Context:

Organisational processes for managing and reporting injuries and illnesses in the workplace.

## SECTION 3: CURRICULUM COMPONENT SPECIFICATIONS

### 3 Knowledge Module Specifications:

NB: MODE OF DELIVERY e.g. face-to-face/contact, online, e-learning, mobile training unit, blended, distance, etc

MODULE CODE	MODULE TITLE	NQF LEVEL	CREDITS	MODE OF DELIVERY
900233-000-00-KM-01	Concepts and Principles of Intermediate Emergency First Aid	3	2	Blended

#### Detailing Knowledge Module (KM) contents

#### 3.1 Knowledge Module (KM) – 01: 900233-000-00-KM-01 Concepts and Principles of Intermediate Emergency First Aid, NQF Level 3, Credits 2.

NB: Add title level and Credits above.

##### 3.1.1 Module Details:

(a) Purpose of Knowledge Module:

The purpose of this knowledge module is to equip learners with a basic operational understanding of the key concepts and principles that underpin the tasks performed by a basic emergency first aider.

This module aims to provide learners with the necessary foundational knowledge and understanding to effectively respond to emergency situations and deliver immediate life-saving care.

By exploring the principles of first aid, learners will gain insights into assessing and managing common injuries and medical emergencies, prioritising patient safety, applying appropriate techniques for resuscitation and wound care, and effectively communicating with emergency medical services.

The learning will be delivered in a blended training mode. Blended training refers to a learning approach that combines both online or digital learning methods with traditional in-person or face-to-face instruction. It is a hybrid learning model that leverages the advantages of both online and offline learning environments to create a comprehensive and flexible training experience. It should be able

to deliver this module in ten notional hours depending on the readiness and commitment of learners and facilitators.

Notional hours refer to the estimated amount of time required for a learner to complete a specific course or training program. It represents the total learning hours, including both the contact hours (actual time spent in instruction or interaction with instructors) and the non-contact hours (time spent on independent study, assignments, assessments, and other learning activities). Notional hours provide a standardised measure for planning and assessing the workload and intensity of a course or program. They serve as a guideline for estimating the time commitment needed by learners to achieve the desired learning outcomes.

(b) List of Knowledge Topics:

TOPIC CODE	TOPIC TITLE	% OF TIME TO BE SPENT
KM-01-KT01	Principles of providing intermediate emergency first aid.	10%
KM-01-KT02	Effective application of intermediate emergency first aid.	10%
KM-01-KT03	Basic human anatomy and physiology for intermediate emergency first aid.	30%
KM-01-KT04	Recognise emergencies, injuries, and illnesses, and treat appropriately using intermediate emergency first aid techniques.	50%

(c) Detailing each topic listed above into topic elements:

KM-01-KT01 Principles of providing intermediate emergency first aid. (10%)		
TOPIC ELEMENT CODE	TOPIC ELEMENT TITLE	% OF TIME TO BE SPENT
KT0101	The purpose of Intermediate Emergency First Aid.	10%
KT0102	The importance of airway, breathing, and circulation in intermediate emergency first aid.	10%
KT0103	The role and scope of work for an Emergency First Aid Responder.	30%

KT0104	Fundamental legal and ethical principles for providing intermediate emergency first aid.	40%
KT0105	Maintaining personal health and safety as first aider and using Personal Protective Equipment (PPE)	10%
<b>IAC CODE</b>	<b>IAC DESCRIPTION</b>	<b>% OF TIME TO BE SPENT</b>
IAC0101	Explain the purpose of Intermediate Emergency First Aid within the specific context within which the learner will be operating.	10%
IAC0102	Explain the importance of airway, breathing, and circulation in Intermediate Emergency First Aid.	10%
IAC0103	Explain and clarify the role and scope of work for Intermediate Emergency First Aider.	30%
IAC0104	Identify and discuss the fundamental legal and ethical principles for providing intermediate emergency first aid.	40%
IAC0105	Elaborate on the need to maintain personal health and safety as Intermediate Emergency First Aider, including use of PPE	10%

<b>KM-01-KT02</b> Effective application of intermediate emergency first aid. (10%)		
<b>TOPIC ELEMENT CODE</b>	<b>TOPIC ELEMENT TITLE</b>	<b>% OF TIME TO BE SPENT</b>
KT0201	Safety as the first priority of any Intermediate Emergency First Aider. Range: Safety of the scene, themselves, the patient, and any bystanders.	15%
KT0202	Assessment of the patient's condition for effective intermediate emergency first aid.	20%
KT0203	Communication with bystanders, emergency services, and the patient in an emergency situation.	10%

KT0204	Decision making and actions appropriate to provide intermediate first aid.	20%
KT0205	Effective reassessment and monitoring of the patient's condition.	15%
TE0206	Effective handover between Emergency First Aiders and emergency medical services.	8%
KT0207	Record keeping and incident reporting according to standard procedures.	7%
KT0208	Post incident scene/environment clean-up	5%
<b>IAC CODE</b>	<b>IAC DESCRIPTION</b>	<b>% OF TIME TO BE SPENT</b>
IAC0201	Explain safety as the first priority of any Intermediate Emergency First Aider.	15%
IAC0202	Explain assessment of the patient's condition as essential for effective intermediate emergency first aid.	20%
IAC0203	Explain effective communication with bystanders, emergency services, and the patient as critical in any first aid situation.	10%
IAC0204	Explain appropriate decision-making process and actions taken to provide intermediate emergency first aid.	20%
IAC0205	Explain effective reassessment and monitoring of the patient's condition.	15%
IAC0206	Explain effective handover between Emergency First Aiders and emergency medical services.	8%
IAC0207	Explain record keeping and incident reporting according to standard procedures.	7%
IAC0208	Explain appropriate post scene cleanup of the incident scene/environment	5%

<b>KM-01-KT03 Basic human anatomy and physiology for intermediate emergency first aid. (30%)</b>		
<b>TOPIC ELEMENT CODE</b>	<b>TOPIC ELEMENT TITLE</b>	<b>% OF TIME TO BE SPENT</b>
KT0301	Anatomical position and directional terms	15%
KT0302	Respiratory system	15%
KT0303	Cardiovascular system	15%
KT0304	Nervous system	10%
KT0305	Musculoskeletal system	15%
KT0306	Integumentary system	15%
KT0307	Gastrointestinal system	10%
KT0308	Genitourinary system	5%
<b>IAC CODE</b>	<b>IAC DESCRIPTION</b>	<b>% OF TIME TO BE SPENT</b>
IAC0301	Name anatomical position and directional terms	15%
IAC0302	Describe the respiratory system as related to first aid.	15%
IAC0303	Describe the cardiovascular system as related to first aid.	15%
IAC0304	Describe the nervous system as related to first aid.	10%
IAC0305	Describe the musculoskeletal system as related to first aid.	15%
IAC0306	Describe the integumentary system as related to first aid.	15%
IAC0307	Describe the gastrointestinal system as related to first aid.	10%
IAC0308	Describe the Genitourinary system as related to first aid.	5%

**KM-01-KT04** Recognise emergencies, injuries, and illnesses, and treat appropriately using intermediate emergency first aid techniques. (50%)

TOPIC ELEMENT CODE	TOPIC ELEMENT TITLE	% OF TIME TO BE SPENT
KT0401	Primary assessment and treating as per findings. Range: lifesaving threatening conditions and provide life-saving treatments.	7%
KT0402	Secondary assessment and treatment as per findings. Range: history, head to toe examination, vital signs including pulse.	7%
KT0403	Control bleeding: Range: catastrophic bleeding, identify wounds, and treat appropriately.	5%
KT0404	Manage a patient who is not breathing: Range: a choking patient and perform CPR if indicated, for adult, child, infant, including use of AED.	7%
KT0405	Manage an unconscious patient:	5%
KT0406	Identify and manage shock: Range: failure to pump, loss of fluid, dilation of blood vessels, and treat.	5%
KT0407	Manage head and spinal injuries:	5%
KT0408	Manage chest injuries. Range: Sucking chest wound and flail chest.	5%
KT0409	Manage abdominal injuries. Range: Bowel evisceration.	5%
KT0410	Manage pelvic injuries. Range: Splint unstable pelvis.	5%
KT0411	Manage extremity trauma. Range: Treat and immobilise fractures.	5%
KT0412	Manage burns.	5%
KT0413	Cardiac arrest or heart attack.	6%
KT0414	Stroke.	4%
KT0415	Anaphylaxis.	4%

KT0416	Diabetic emergency.	3%
KT0417	Seizure.	3%
KT0418	Thermal stress: Range: Hyper and hypo thermia	3%
KT0419	Water emergencies: Range: Drowning.	3%
KT0420	Poison. Range: Inhaled, injected, ingested, and absorbed poisoning.	3%
KT0421	Bites and stings. Range: Animal and insect.	3%
KT0422	Risks/Exposure reduction for communicable diseases.	2%
<b>IAC CODE</b>	<b>IAC DESCRIPTION</b>	<b>% OF TIME TO BE SPENT</b>
IAC0401	Describe the principles and process of conducting a primary patient assessment for an intermediate emergency first aid.	7%
IAC0402	Describe the principles and processes of conducting a secondary patient assessment for intermediate level first aid.	7%
IAC0403	Describe the principles and processes of controlling bleeding for intermediate emergency first aid.	5%
IAC0404	Describe the principles and processes of treating a patient who is not breathing or has breathing difficulties for intermediate emergency first aid.	7%
IAC0405	Describe the principles and processes of managing an unconscious patient for intermediate emergency first aid.	5%
IAC0406	Describe the principles and processes of managing shock for intermediate emergency first aid: Range: Recognise mechanisms of shock	5%



IAC0407	Describe the principles and processes of managing head and spinal injuries for intermediate emergency first aid.	5%
IAC0408	Describe the principles and processes of appropriate management of chest injuries for intermediate emergency first aid.	5%
IAC0409	Describe the principles and processes of managing abdominal injuries for intermediate emergency first aid.	5%
IAC0410	Describe the principles and processes of managing pelvic injuries for intermediate emergency first aid.	5%
IAC0411	Describe the principles and processes of managing extremity trauma for intermediate emergency first aid.	5%
IAC0412	Describe the principles and processes of managing burns for intermediate emergency first aid.	5%
IAC0413	Describe the principles and processes of managing cardiac arrest or heart attack for intermediate emergency first aid.	6%
IAC0414	Describe the principles and processes of managing a patient with suspected stroke for intermediate emergency first aid.	4%
IAC0415	Describe the principles and processes of managing anaphylaxis for intermediate emergency first aid.	4%
IAC0416	Describe the application principles and processes of managing diabetic emergency for intermediate emergency first aid.	3%
IAC0417	Describe the principles and processes of managing of seizure for intermediate emergency first aid.	3%
IAC0418	Describe the principles and processes of managing thermal stress for intermediate emergency first aid provider.	3%

IAC0419	Describe the principles and processes of applying intermediate emergency first aid to a person experiencing a water emergency.	3%
IAC0420	Describe the principles and processes of managing poisoning for intermediate emergency first aid.	3%
IAC0421	Describe the principles and processes of managing insect and animal bites and stings for intermediate emergency first aid.	3%
IAC0422	Describe the principles and processes of limiting risk / exposure when encountering a communicable disease for intermediate emergency first aid.	2%

### 3.1.2 Criteria for accreditation

Requirements, against which Skills Development Providers (SDP) and Assessment Centres, will be accredited, as listed below.

#### Physical Requirements:

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
<b>EQUIPMENT &amp; TOOLS</b>	<ul style="list-style-type: none"> <li>• Ventilated and illuminated classroom(s) with tables and chairs.</li> <li>• Computer with internet access and online presentation software</li> <li>• First aid kits: A fully stocked first aid kit is essential for any first aid training. In South Africa, Regulation 7 of the Occupational Health, and Safety Act (Act 85 of 1993) outlines the requirements for a first aid kit in the workplace. The specific contents of a Regulation 7 first aid kit may vary based on the industry, nature of work, and number of employees.</li> <li>• Training manikins of different sizes: Manikins are essential for practising basic life support skills such as CPR and choking rescue. They come in various sizes to mimic the different ages of patients.</li> <li>• AED trainer: An automated external defibrillator (AED) trainer is an essential tool for training on how to use an AED. The trainer simulates the functions of a real AED and provides feedback on the user's performance.</li> </ul>

	<ul style="list-style-type: none"> <li>• Training videos: Visual aids such as training videos can be helpful in illustrating basic first aid concepts and techniques.</li> <li>• Teaching aids: Other teaching aids such as posters, handouts, and pamphlets can help the learners to understand and remember the first aid techniques.</li> <li>• Audio-visual equipment: Projectors, screens, and sound systems can be used to present training materials and facilitate discussions.</li> </ul>
<b>CONSUMABLES</b>	<ul style="list-style-type: none"> <li>• Bandages: An assortment of bandages should be available to train learners on how to apply and remove them correctly.</li> <li>• Sterile gauze pads: These are used to cover wounds and control bleeding.</li> <li>• Adhesive tape: This is used to secure dressings and bandages in place.</li> <li>• Antiseptic wipes: These are used to clean wounds and prevent infection.</li> <li>• Disposable gloves: Learners must be taught to wear gloves when providing first aid to prevent the spread of infection.</li> <li>• CPR face shields: These are one-way valve face shields used during CPR training to prevent the spread of bodily fluids.</li> <li>• Alcohol swabs: These are used to clean equipment and surfaces before and after use.</li> <li>• Splints: Splints should be available for learners to practice stabilizing broken or fractured limbs.</li> <li>• Triangular bandages: These are versatile bandages used to support arms, shoulders, and head.</li> <li>• Instant cold packs: These are used to reduce swelling and ease pain caused by injuries.</li> </ul>

**Human Resource Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
<b>QUALIFICATIONS &amp; EXPERIENCE</b>	<ul style="list-style-type: none"> <li>• A valid Advanced Emergency First Aid certificate issued against a recognised SAQA registered/QCTO recorded skills programme.</li> </ul>

	<ul style="list-style-type: none"> <li>Valid registration/licensing as the first aider</li> <li>At least three years of practical work experience as a first aider.</li> </ul>
<b>FACILITATOR/LEARNER RATIO</b>	1:20

**Legal Requirements:**

- Registered Legal entity
- Infrastructure compliant with Occupational Health and Safety Act
- Display of Labour Laws in the buildings
- Valid Tax Compliance Pin / Exemption

**Additional Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>
None

<b>ASSESSMENT CENTRE</b>
None

**3.1.3 Exemptions**

No current exemptions identified. Providers can exempt learners who have completed equitable programmes following the standard regulated RPL policies and procedures.

## 4 Practical Skill Module (PM) Specifications:

*NB: MODE OF DELIVERY e.g. face-to-face/contact, online, e-learning, mobile training unit, blended, distance, etc*

MODULE CODE	MODULE TITLE	NQF LEVEL	CREDITS	MODE OF DELIVERY
900233-000-00-PM-01	Apply Intermediate Emergency First Aid Techniques.	3	3	Blended.

### Detailing Practical Module (PM) contents

#### 4.1 Practical Module (PM) - 01 Apply Intermediate Emergency First Aid Techniques, NQF Level 3, Credits 3

##### 4.1.1. Module Details

(a) Purpose of the Practical Skills Module:

The purpose of the practical skills module is to equip learners with hands-on abilities, competence and techniques for intermediate first aid providers required for real-life emergency situations.

(b) List of Practical Skills Activities:

PRACTICAL SKILL CODE	ACTIVITY TITLE
PM-01-PS01	Provide intermediate emergency first aid for a variety of medical, trauma and environmental emergencies.

(c) Scope of each Practical Skill Activity:

PM-01-PS01 Provide intermediate emergency first aid for a variety of medical, trauma and environmental emergencies.
<b>PRACTICAL SKILL ACTIVITY SCOPE OUTLINE:</b>
To facilitate the demonstration and practical teaching of the essential first aid tasks of an intermediate level first aid provider, the following conditions for performance should be created: <ul style="list-style-type: none"> <li>• Safe Learning Environment: Ensure a safe and controlled environment for both learners and instructors, with appropriate safety measures in place, such as first aid equipment, emergency response plans, and adherence to health and safety guidelines.</li> </ul>

- **Realistic Scenarios:** Develop realistic scenarios that simulate emergency situations commonly encountered by intermediate emergency first aid providers. These scenarios should reflect a variety of injuries, illnesses, and conditions that require immediate first aid interventions.
- **Access to Resources and Equipment:** Provide learners with access to the necessary resources, equipment, and supplies that are commonly used by intermediate emergency first aid providers. This includes items such as first aid kits, manikins for CPR practice, bandages, splints, AED trainers, and other relevant tools.
- **Trained and Qualified Instructors:** Ensure that instructors delivering the practical teaching have the necessary qualifications, experience, and expertise in intermediate emergency first aid. They should have a comprehensive understanding of the essential tasks, techniques, and best practices related to intermediate emergency first aid care.
- **Clear Learning Objectives:** Establish clear learning objectives for each essential first aid task, outlining the specific skills and knowledge that learners are expected to acquire and demonstrate during the practical teaching sessions.
- **Demonstration and Step-by-Step Instructions:** Instructors should demonstrate each essential first aid task, providing step-by-step instructions, explanations, and rationale for each action taken. This allows learners to observe and understand the proper techniques and procedures.
- **Hands-on Practice:** Provide ample opportunities for learners to actively participate in hands-on practice sessions. This allows them to apply the demonstrated techniques, practice skills under the guidance of instructors, and gain confidence in performing the essential first aid tasks.
- **Constructive Feedback and Evaluation:** Offer constructive feedback and evaluation to learners during their practical performance, identifying areas of improvement and reinforcing correct techniques. This feedback can be given individually or in group settings, and it should focus on enhancing skills and promoting continuous learning.
- **Reflective Learning:** Encourage learners to reflect on their practical experiences, discussing the challenges faced, lessons learned, and strategies for improvement. This reflective process helps reinforce learning, identify areas for growth, and develop critical thinking skills.
- **Integration with Theory:** Integrate the practical teaching of essential first aid tasks with relevant theoretical knowledge. Provide learners with a solid foundation of theoretical concepts, such as understanding the anatomy and physiology related to different injuries and illnesses, to enhance their overall understanding and application of intermediate emergency first aid care.

<b>PRACTICAL SKILL ACTIVITY ELEMENT CODES</b>	<b>PRACTICAL SKILL ACTIVITY ELEMENTS</b>
PA0101	Assess and manage an emergency scene for safety. Range: Hazards, primary and secondary surveys, respond appropriately
PA0102	Assess and manage bleeding, wounds, and burns.
PA0103	Assess and manage patients with breathing difficulties: Range: Treatment of choking
PA0104	Assess and manage a patient who is not breathing: Range: Perform CPR if indicated, for adult, child, and infant, including use of AED
PA0105	Assess and manage unconsciousness, and place patients in the recovery position
PA0106	Assess and manage traumatic injuries: Range: Fractures, head and spinal, chest injuries, abdominal injuries, or shock.
PA0107	Identify and manage medical emergencies: Range: Cardiac emergency, stroke, anaphylaxis, diabetic emergency, seizure, asthma attack

(d) Applied knowledge that underpin the skill activity:

<b>APPLIED KNOWLEDGE CODE</b>	<b>APPLIED KNOWLEDGE</b>
AK0101	Processes and techniques for identifying and dealing with hazards on an incident scene.
AK0102	Processes and techniques to collaborate with others to mitigate the safety and health risks on an incident scene.
AK0103	Processes and techniques for Trauma management - The ability to assess and manage a variety of traumatic injuries, including fractures, dislocations, burns, and soft tissue injuries.
AK0104	Processes and techniques for Bleeding control - The ability to identify and control various types of bleeding, including arterial, venous, and capillary bleeding.

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AK0105	Processes and techniques for dealing with serious Environmental emergencies: The ability to manage a variety of environmental emergencies such as heat exhaustion, hypothermia, and drowning.
AK0202	Processes and techniques for handling Pediatric emergencies: The ability to recognize and manage medical emergencies and injuries in children, including assessment and management of airway, breathing, and circulation in pediatric patients.
AK0203	Processes and techniques for ensuring Clear communication: The ability to communicate clearly and effectively with the next level of medical care provider, including the transfer of all relevant information about the patient's condition and the care provided.
AK0205	Processes and techniques for processing Incident reporting: The ability to provide a detailed written report of the incident, including a description of the events leading up to the emergency, the actions taken by the first aid provider, and any other relevant information.
AK0206	Processes and techniques for ensuring Continuity of care: The ability to ensure continuity of care for the patient by providing relevant information to the next level of medical care provider, including any medications or other interventions administered, and any ongoing care requirements.
AK0207	Processes and techniques for following Handover protocols: The ability to follow established handover protocols and procedures, including the use of standardized handover tools and checklists.

(e) Internal Assessment criteria (IAC):

IAC CODE	IAC DESCRIPTION
IAC0101	An emergency scene is assessed and managed for safety. Range: Hazards, primary and secondary surveys, respond appropriately
IAC0102	Bleeding, wounds, and burns is assessed and managed
IAC0103	Patients with breathing difficulties is assessed and managed: Range: Treatment of choking



IAC0104	A patient who is not breathing is assessed and managed: Range: Perform CPR if indicated, for adult, child, and infant, including use of AED
IAC0105	Unconsciousness is assessed and managed, and patient is placed in the recovery position
IAC0106	Traumatic injuries are assessed and managed: Range: Fractures, head and spinal, chest injuries, abdominal injuries, or shock.
IAC0107	Medical emergencies are identified and managed: Range: Cardiac emergency, stroke, anaphylaxis, diabetic emergency, seizure, asthma attack

#### 4.1.2. Criteria for accreditation

Requirements, against which Skills Development Providers (SDP) and Assessment Centres, will be accredited, as listed below.

#### 3.1.2 Criteria for accreditation

Requirements, against which Skills Development Providers (SDP) and Assessment Centres, will be accredited, as listed below.

#### Physical Requirements:

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
<b>EQUIPMENT &amp; TOOLS</b>	<ul style="list-style-type: none"> <li>• Ventilated and illuminated classroom(s) with tables and chairs.</li> <li>• Computer with internet access and online presentation software</li> <li>• First aid kits: A fully stocked first aid kit is essential for any first aid training. In South Africa, Regulation 7 of the Occupational Health, and Safety Act (Act 85 of 1993) outlines the requirements for a first aid kit in the workplace. The specific contents of a Regulation 7 first aid kit may vary based on the industry, nature of work, and number of employees.</li> <li>• Training manikins of different sizes: Manikins are essential for practicing basic life support skills such as CPR and choking rescue. They come in various sizes to mimic the different ages of patients.</li> <li>• AED trainer: An automated external defibrillator (AED) trainer is an essential tool for training on how to use an AED. The trainer</li> </ul>

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	<p>simulates the functions of a real AED and provides feedback on the user's performance.</p> <ul style="list-style-type: none"> <li>• Training videos: Visual aids such as training videos can be helpful in illustrating the basic first aid concepts and techniques.</li> <li>• Teaching aids: Other teaching aids such as posters, handouts, and pamphlets can help the learners to understand and remember the first aid techniques.</li> <li>• Audio-visual equipment: Projectors, screens, and sound systems can be used to present training materials and facilitate discussions.</li> </ul>
<b>CONSUMABLES</b>	<ul style="list-style-type: none"> <li>• Bandages: An assortment of bandages should be available to train learners on how to apply and remove them correctly.</li> <li>• Sterile gauze pads: These are used to cover wounds and control bleeding.</li> <li>• Adhesive tape: This is used to secure dressings and bandages in place.</li> <li>• Antiseptic wipes: These are used to clean wounds and prevent infection.</li> <li>• Disposable gloves: Learners must be taught to wear gloves when providing first aid to prevent the spread of infection.</li> <li>• CPR face shields: These are one-way valve face shields used during CPR training to prevent the spread of bodily fluids.</li> <li>• Alcohol swabs: These are used to clean equipment and surfaces before and after use.</li> <li>• Splints: Splints should be available for learners to practice stabilizing broken or fractured limbs.</li> <li>• Triangular bandages: These are versatile bandages used to support arms, shoulders, and head.</li> <li>• Instant cold packs: These are used to reduce swelling and ease pain caused by injuries.</li> </ul>

**Human Resource Requirements:**

**SKILLS DEVELOPMENT PROVIDER (SDP)**

<b>QUALIFICATIONS &amp; EXPERIENCE</b>	<ul style="list-style-type: none"> <li>• A valid Advanced Emergency First Aid certificate issued against a recognised SAQA registered/QCTO recorded skills programme.</li> <li>• Valid registration/licensing as the first aider</li> <li>• At least three years of practical work experience as a first aider.</li> </ul>
<b>FACILITATOR/LEARNER RATIO</b>	1:15

**Legal Requirements:**

- Registered Legal entity
- Infrastructure compliant with Occupational Health and Safety Act
- Display of Labour Laws in the buildings
- Valid Tax Compliance Pin / Exemption

**Additional Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>
None

<b>ASSESSMENT CENTRE</b>
None

**4.1.3 Exemptions**

No exemptions currently identified. Learners can gain exemption from curriculum components following the standard RPL process as per the QCTO and SAQA policy requirements.

**5 WORK EXPERIENCE MODULE (WM) SPECIFICATIONS:**

*NB: MODE OF DELIVERY e.g. face-to-face/contact, online, e-learning, mobile training unit, blended, distance, etc*

**NONE REQUIRED**

MODULE CODE	MODULE TITLE	NQF LEVEL	CREDITS	MODE OF DELIVERY	OF
-----WM-01					
N/A					

## Detailing Work Experience Module (WM) contents

### 5.1 Work Experience Module (WM) – 01 NONE

MODULE CODE	MODULE TITLE	NQF LEVEL	CREDITS	MODE OF DELIVERY	OF
-----WM-01					

(a) Purpose of the Work Experience Module:

...

(b) List of Work Experience Competencies:

WORK EXPERIENCE CODE	WORK EXPERIENCE COMPETENCY TITLE
WM-01-WE01	
WM-01-WE02	

(c) Scope of each Work Experience Competency:

WM-01-WE01...COMPETENCY TITLE...
<b>WORKPLACE EXPERIENCE COMPETENCY SCOPE OUTLINE</b>
...

WORK EXPERIENCE COMPETENCY CODES	WORK EXPERIENCE COMPETENCY ELEMENT	WORK EXPERIENCE COMPETENCY ELEMENTS
WA0101		
WA0102		

(d) Supporting evidence

WORK EXPERIENCE CODES	SUPPORTING EVIDENCE
SE0101	
SE0102	

(e) Contextualised Workplace Knowledge

WORKPLACE KNOWLEDGE	
1	
2	

### 5.1.2 Criteria for accreditation

Requirements, against which Skills Development Providers (SDP) and Assessment Centres, will be accredited, as listed below.

#### Physical Requirements:

SKILLS DEVELOPMENT PROVIDER (SDP)	
EQUIPMENT & TOOLS	N/A
CONSUMABLES	

ASSESSMENT CENTRE	
EQUIPMENT & TOOLS	N/A

<b>CONSUMABLES</b>	
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**Human Resource Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
<b>QUALIFICATIONS &amp; EXPERIENCE</b>	N/A
<b>FACILITATOR/LEARNER RATIO</b>	

<b>ASSESSMENT CENTRE</b>	
<b>QUALIFICATIONS &amp; EXPERIENCE</b>	N/A
<b>FACILITATOR/LEARNER RATIO</b>	

**Legal Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
<b>QUALIFICATIONS &amp; EXPERIENCE</b>	N/A
<b>FACILITATOR/LEARNER RATIO</b>	

<b>ASSESSMENT CENTRE</b>	
<b>QUALIFICATIONS &amp; EXPERIENCE</b>	N/A
<b>FACILITATOR/LEARNER RATIO</b>	

**Additional Requirements:**

<b>SKILLS DEVELOPMENT PROVIDER (SDP)</b>	
	N/A

<b>ASSESSMENT CENTRE</b>	
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	N/A

## 6 POSSIBLE SEQUENCING AND INTEGRATION

*Listing and order of modules in the sequence in which these modules will follow each other during delivery/implementation. This allows for integration of KM, AM (PM/ WM) as work logically flows.*

ORDER	MODULE TITLE	MODULE CODE	LEVEL	CREDITS
1.				
2.				

